

Introduction to Online Training Course in Testosterone Treatment

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Aims of the Course

For the past five years, the Society for the Study of Androgen Deficiency (SSAD) has been holding training courses in many countries for doctors interested in acquiring the practical and theoretical background needed to provide safe and effective testosterone treatment.

As previously, the course is based on the published guidelines laid down by the International Society for the Study of the Aging Male (ISSAM), recently updated and endorsed by the International Society for Andrology (ISA) and the European Association of Urology (EAU).

The seven sections are presented by leading experts in the field, who gave presentations at the teaching seminar given in London on 31st March 2007 at the Royal Society of Medicine following the 5th International Conference of the Society for the Study of Androgen Deficiency on 'Androgens in Health and Disease'.

We are very grateful to the speakers for permission to include their talks in this course, and to our web-master, Hugh Welford who has put the presentations and course material together in a format which can conveniently be accessed on-line.

Format of the Course

The seven presentations can be accessed in sequence, together with accompanying course material. This includes a Power Point Slide Handout of each presentation, together with any additional publications in PDF format relating to that session. It is suggested that you print out this material and keep it in sequence in a ring-binder for future reference, just as in the original course.

So that you can be sure you have grasped the essential points, there are 5 multiple-choice questions which are presented at the end of each session. These have to be answered correctly on-line before you can move on to the next session, but the answers are all in the handouts. You will be sent a certificate of having taken the course after you have completed all the sessions.

The Course Programme

Session 1 – The Foundations of Treatment: The ISSAM Guidelines Revisited. Professor Bruno Lunenfeld

Session 2 – The Laboratory Diagnosis of Androgen Deficiency. Dr Tom Trinick

Session 3 – Clinical Diagnosis of Androgen Deficiency and Resistance. Dr Malcolm Carruthers

Session 4 – Androgens and Erectile Dysfunction. Dr Aksam Yassin.

Session 5 – Applications of Androgen Treatments. Dr Malcolm Carruthers

Session 6 – Safety of Androgen Treatment. Mr Mark Feneley

Session 7 – Possible Ways Forward in Testosterone Treatment. Dr Malcolm Carruthers.

How to Join the Course

Since testosterone treatment can be regarded as part of good general medical practice, the first step is to complete your details, qualifications and experience form on the members page of this web-site, and submit your application.

When your application has been accepted, which may take up to two weeks, with on-line payment of the course fee on this web-site, you will be sent the web address for the initial documentation and first session.

After completing each session, which lasts about 45 minutes, and answering the multiple-choice questions at the end, you will automatically get access to the next part of the course.

The Future of the Course

There is general agreement among doctors interested in the health of the aging male that androgen deficiency is being treated in only a small proportion of those who could benefit from it. Recent evidence suggests that testosterone deficiency is currently only treated in less than 1% of cases, and this may be as low as 0.01%. This course is designed to help to remedy this situation by making the basic knowledge available to doctors to provide safe and effective diagnosis and treatment of this serious medical condition.

We would like your feedback on this presentation, for you to join the course, and to have your feedback on it. With your help, we hope to improve this initial version of the course, and depending on demand, plan to make it available in other languages including German, French, Spanish, Russian and Chinese (Mandarin). Offers of help in translating the slides, lectures and course materials into these and other languages are welcome.

**Thank you for your interest in this course.
Please complete the feedback form on this site.**
